



Steps to Achieve Authorization

Purpose: The purpose of the **Training of Trainer Institute for Trauma-Responsive Authorization (ToT-TRIA)** apprentice program is to help individuals develop a deeper knowledge related to trauma informed, responsive and resilience building practices in early childhood and to be ready to train providers in the future once they are authorized in Module 100. This intensive two-phase apprenticeship program is to support an apprentice to become authorized and to be able to support other providers in learning the foundations and strategies of trauma-responsive and resilience building practices in early childhood settings.

Overall Activities: Apprentices will participate in a series of trainings and reflective meetings designed to teach the content of module 100 and deepen their understanding and ability to train to the key trauma related concepts. Their Center for Optimal Brain Integration mentor will lead the apprentice through a process that includes formal instruction and guided reflective conversation and culminates in independently training on the module. There will be ToT (Training of Trainer) meeting to review and practice content and trauma-sensitive trainer skills and a CoP (Community of Practice) to read an assigned book and reflect on chapter content with the intention of deepening knowledge about trauma and key resilience building strategies.

***This apprenticeship includes heavy content that may be triggering emotional for some.
Authorization is NOT guaranteed.***

Phase 1

Apprentice Trainer in Phase 1 will:

- Attend four 3-hour Training of Trainer (ToT) meetings
- Attend and observe the full day of Module 100
- Attend four 2-hour Community of Practice (CoP) meetings
- Read chapters 1-4 from assigned book reading
- Complete 4 reading reflection forms for Chapters 1-4 (one per chapter) for portfolio
- Optimal Lunch and Learn Videos

Phase 2

Apprentice Trainer in Phase 2 will:

- Attend four 3-hour Training of Trainer (ToT) meetings
- Attend and present on the full day Module 100 training
- Attend four 2-hour Community of Practice (CoP) meetings
- Read chapters 5-8 from assigned book reading
- Complete 4 reading reflection forms for chapters 5-8 (one per chapter) for portfolio
- Optional Lunch and Learn Videos
- 1-Hour phone meeting with mentor trainer for technical support before and after training on Module 100 (30 minutes before and 30 minutes after)
- Apprentice trainer Self-Reflection Form on Module 100 (Apprentice Trains on 100)
- Up to 15 hours of preparation meetings and planning for the final Module 100 (apprentice trains)



STAGES OF TRAINER AUTHORIZATION

Apprentice Trauma Trainer Final Portfolio Due at End of Phase 1 and Phase 2

Having met the components of Phase 1 and Phase 2, an apprentice will have completed and submitted to the mentor trainer their **FINAL PORTFOLIO**. No fee is required for this application.

- Δ 8 Reading Reflection Forms (due within 1 week before each ToT/CoP meeting)
- Δ Attendance at 8 CoP and ToT meetings
- Δ Attendance/Presenting at 2 all day trauma module 100 trainings
- Δ Apprentice Trainer Self-Reflection Form on module 100 (completed by the apprentice on their presentation of Module 100 in Phase 2)
- Δ 1-hour phone meeting with mentor trainer for technical support
- Δ Planning Meeting for Module 100
- Δ Inviting up to 25 participants to attend module 100 in Phase 1 and Phase 2
- Δ Apprentices may not miss more than 6 hours of the events listed and cannot miss any of the Module 100 sessions to become authorized. Missing an hour requires make-up homework but also may adversely impact authorization.

Benefits of Authorization

1. You can train on Module 100 for your organization as an employee or independently as a consultant and/or independent contractor.
2. You receive monthly Video TIPS (Trauma Informed Practices).
3. You have access to technical support from COBI after authorization.
4. You are eligible to become authorized in other modules by COBI in the future. Module 100 is a pre-requisite to all other modules.
5. You will become a part of a national cohort authorized in trauma-responsive and healing engaged practices for early childhood.
6. Most importantly, you will have the knowledge and foundation required to support others AND to help so many in your community by spreading the light of healing and hope to those who have lost their voice and that have been adversely impacted by toxic stress and/or trauma.

Questions contact Julie Kurtz at optimalbrainintegration@gmail.com